

Feel free to write in your journal or say it aloud. Speak from the heart and add to this prayer if you feel led.

CONNECT WITH YOUR SPIRIT TEAM WITH THIS PRAYER.

My most elevated & beloved ancestors,

I call upon my ancestors who have courageously walked this earth before me and are for my highest good only.

I would first like to express n	ny gratitude for protecting,
guiding &	me each and everyday. I
ask that you help me	
	and give me the
strength needed to achieve w	what I have asked your support
with.	
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Clear any blockages and barriers preventing me from reaching my highest potential. Destroy negativity spoken by myself and others as you clear my path for success.

Reveal your goodness in my life daily. I asked that you seek my attention by showing me_____ (ex. red bird, feather, numbers) when you want to communicate with me.

I am forever grateful and honored to be your descendent. Love and high praise.

Ase!

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Grab your stilettos and walk fiercely towards your higher self.



